

IMPORTANT

PLEASE READ CAREFULLY

Recently you or your spouse filed a dissolution or divorce action in the Wayne County Common Pleas Court. The court realizes that divorce is a very stressful experience for parents and children. Although spouses may decide to end their marriage, your child or children will always need both parents.

In order to assist you, we have established a program which focuses on your child or children's needs during and after the divorce and how you can help him or her succeed. We have enclosed a brochure about the program.

**IT IS MANDATORY FOR EACH PARTY TO
COMPLETE THE PROGRAM PRIOR TO THE FINAL HEARING.**

You may register for the program by contacting the Counseling Center of Wayne and Holmes Counties, 2285 Benden Drive, Wooster, Ohio 44691, 330-264-9029. Again, it is mandatory for each party to complete the program prior to the final hearing.

THE WAYNE COUNTY COMMON PLEAS COURT

Goals of the Class

- To teach parents about healthy co-parenting techniques and how to navigate relationship changes
- To make sure both parents are exposed to the same research-based information about the challenges that can arise in children after divorce
- To prepare parents to take care of themselves and their children during this period of family change



**The decision to
divorce is behind you;
a new family life is
ahead of you.**

Class Details

Where: Classes are in person at
The Counseling Center of Wayne and
Holmes Counties
2285 Benden Dr, Wooster 44691.

When: Classes are held on the first
Wednesday of each month from 5:30pm
to 8:00pm and the third Monday of each
month from 9:00am to 11:30am.

**For more information on class
dates and registration, please visit
our website at www.ccwhc.org**

To attend a class, you must pre-register
AND submit your payment online.
Cost is \$35 per participant.
Deadline to register is 2 days before the
scheduled class time.

Please email cepclass@ccwhc.org if you
require accommodations for this class.

Parents can attend separately. Children
do not attend.

Instructor: Jordan Jean, LPCC
jkindinger@ccwhc.org

Helping Families Succeed After Parents Separate

**An educational class that teaches
strategies and techniques to help
parents take care of their
families after parental
separation.**



 **The
COUNSELING CENTER**
of Wayne & Holmes Counties

About the Class

This class is intended for parents going through a divorce or dissolution, and for others trying to strengthen a co-parenting relationship.

We will review and discuss different challenges that may arise for both children and parents after a family separation. Topics include behavioral changes, mental health considerations, and tips for managing the co-parenting relationship. Participation and discussion is recommended and encouraged.

Handbooks will be provided to participants.



Children's Reactions

During and after divorce or dissolution, children may exhibit various reactions, such as:

- Becoming aggressive toward siblings or defiant toward adults.
- Withdrawing from people or activities.
- Regressing in their behavior and coping skills.

Helpful tip: Look for the emotions behind the behaviors, and help your children express those feelings safely and appropriately.

If you or your child experience a mental health emergency, please contact the 24/7 Wayne Co. Crisis number at 330-264-9029



What Participants Say About the Class

“I feel more confident, ready to handle my kids’ reactions.”

“Very informative, a lot of good information.”

“I feel like I got a lot of useful information on better handling my children's emotions as they go through this transition as well as my own.”



A representative from Wayne Co. Child Support will be present at the beginning of class to provide helpful information and answer any questions parents may have.